

# 21 Fasting | Prayer | Meditation

## Days of Breakthrough



SUN MON TUE WED THU FRI SAT

### Helpful Hints



Fasting is our intentional sacrifice of eating food, as we focus on increasing our faith.

Prayer is our invitation to, and acknowledgment of, God's activity in our life circumstances.

Meditation is the act of giving my time or attention to a thought, concept, or situation.

Choose a Bible translation that is easy for you to read.

Be disciplined! If you want something you've never had, you must do something you've never done.

7  
**Jan 2024**

8  
Sanctification: Set Aside for God's Service  
Ephesians 4:17-32

9  
A Spirit of Excellence  
Colossians 3

10  
A Praying Spirit  
1 Sam. 1:1-20

11  
Physical Healing & Recovery  
Acts 20:7-12

12  
Women in Ministry  
Luke 24:1-10

13  
The Power of the Holy Spirit  
Acts 2:1-12

14  
A Servant's Heart  
Ephesians 6:6-9; John 13: 1-17

15  
Community Engagement  
Matt. 28:16-20

16  
A Kind Spirit  
Luke 10:25-37

17  
Peace & Reconciliation  
Philippians 4:2-9

18  
A Teachable Spirit  
Deut. 28:1-14  
1 Peter 5:1-11

19  
Dr. Brock & Dr. K  
Jerem. 3:15-18

20  
God's Care & Provision  
Matthew 6:25-34

21  
A Mission Centered Church  
Acts 2:37-47

22  
Servant Leaders  
Joshua 1:10-18

23  
100% Tithing Church  
Malachi 3:6-18  
Mark 12:41-44

24  
Holy Boldness  
Daniel 3:7-18

25  
Hearing God's Voice  
Acts 9:1-9

26  
Integrity  
Daniel 6:1-4

27  
Preaching the Good News  
Acts 14:21-28

28  
Moving Forward  
Philippians 3:12-16

"We will fast each day, not eating (only drinking water or juice), from wake up – 12 PM. **If you have a medical condition, please consult your medical doctor.** Read the scripture passages for each day, and focus on the designated area in prayer and meditation." -Dr. K & Dr. Brock



**YOU NEED TO HEAR FROM GOD. GOD WANTS TO HEAR FROM YOU.**